

SAFI INSTITUTE OF ADVANCED STUDY

Affiliated to the University of Calicut, Recognised by UGC under 2(f) Vazhayur East P.O Malappuram, Kerala 04832880000 www.sias.edu.in



CRITERION 5

STUDENT SUPPORT AND PROGRESSION

5.1 STUDENT SUPPORT

5.1.3 : Capacity building and skills enhancement initiatives taken by the institution include the following;

- 1. Soft skills
- 2. Language and communication skills
- 3. Life skills (Yoga, physical fitness, health and hygiene)
- 4. ICT/computing skills



Criterion 5- Student Support and Progression

5.1 Student Support

5.1.3: Capacity building and skills enhancement initiatives taken by the

institution include the following;

1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills

SI No	Programme	Date	Page No.		
Soft skills					
1	Ignite- Workshop on Personality Development	29-11-2023	4		
Language and communication skills					
4	Power of Words- Enhancing Communicative Skills	16-08-2023	12		
5	Workshop on Academic Language Skills	17-05-2024	17		
Life skills (Yoga, physical fitness, health and hygiene)					
9	Millet Yoga	04-10-2023	22		
10	Workshop on Basic Life Support	21-11-2023	27		
ICT/computing skills					
11	Workshop on Numerical Skills- Unlocking the Power of Numerical Skills	08-08-2023	37		
12	Basics of Numerical Skills	23-08-2023	40		

Index

5.1.3: Capacity building and skills enhancement initiatives taken by the institution

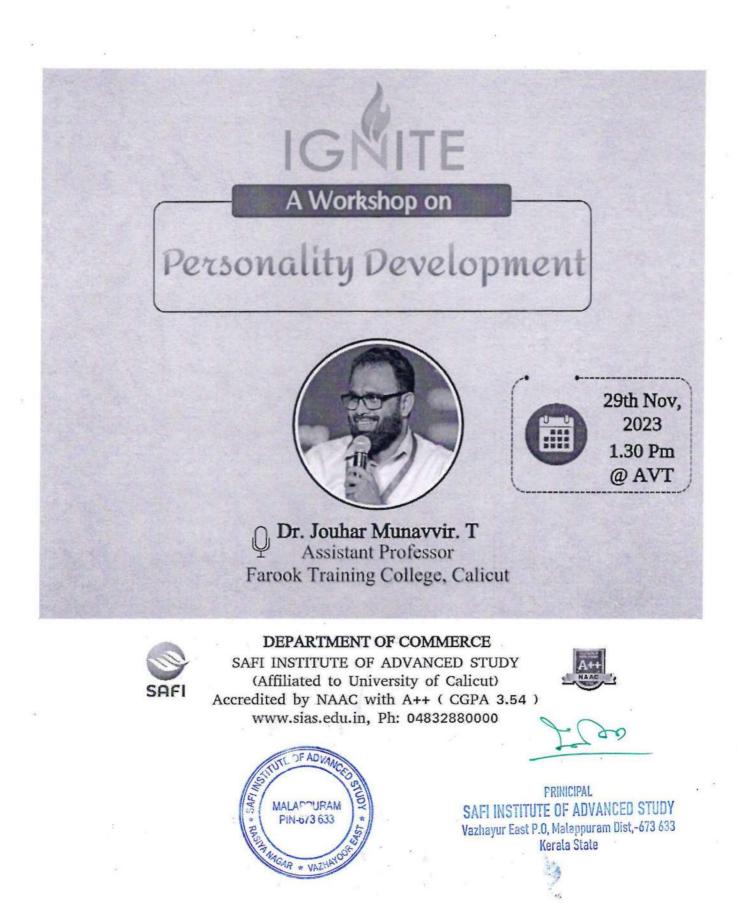
Soft Skills



DEPARTMENT OF COMMERCE Safi Institute of Advanced Study



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IGNITE

Personality Development Workshop

The Department of Commerce organized "IGNITE," a Personality Development Workshop on 29th November 2023, for first and second-year B. Com students. The workop started at 2:00 PM and was held at AVT Hall. The workshop was designed to enhance the personal and professional skills of the students, equipping them with the necessary tools to succeed in their academic and future careers. The program began with a warm welcome by AK Shanawas, Head of the Department of Commerce, who highlighted the importance of personality development in the holistic growth of students.

The technical session was led by Dr. Jouhar Munavvir T, an esteemed Assistant Professor from Farook Training College, Calicut. Dr. Munavvir T, known for his expertise in personality development, engaged the students with an interactive and insightful session. He covered various aspects of personal growth, including communication skills, self-confidence, and time management. The students actively participated in the activities and discussions, reflecting their eagerness to learn and grow. Dr. Munavvir T's dynamic presentation style and practical advice created a great impression on the students, motivating them to apply the learned skills in their daily lives.

The workshop concluded with a vote of thanks delivered by Ms. Sahva Sakeena, a secondyear B. Com Islamic Finance student. She expressed her gratitude to Dr. Munavvir T for his enlightening session and thanked the department for organizing such a beneficial event. Ms. Sakeena also appreciated the efforts of the faculty and students who contributed to the successful execution of the workshop. The "IGNITE" Personality Development Workshop was a resounding success, leaving the students inspired and better prepared for their personal and professional journeys. 67 students attended the workshop.





A Workshop on Personality Development

Program Chart

Welcome

: Mr. A K Shanawas. K, Head, Dept. of Commerce

Technical Session

: Dr. Jouhar Munavvir T, Assistant Professor, Farook Training College, Calicut

Vote of Thanks

: Ms. Sahva Sakeena, Student of 2nd Year B. Com Islamic Finance





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IGNITE A Workshop on Personality Development

Attendance Sheet

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5.1.3: Capacity building and skills enhancement initiatives taken by the institution

Language and Communication Skills



POWER OF WORDS



Enhancing Communicative Skills

DEPARTMENT OF MICROBIOLOGY

Organizes

POWER OF WORDS

Enhancing Communicative skills



RESOURCE PERSON Mr. Sreekumar Assistant Professor Department of English SAFI Institute of Advanced Study



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57





POWER OF WORDS



Enhancing Communicative Skills

PROGRAMME CHART

Welcome Speech	: Dr. Shabanamol S (Asst Professor, Department of Microbiology)
Guest introduction	: Dr. Smitha K V (Asst Professor, Department of Microbiology)
Keynote speaker	: Mr. Sreekumar P (Asst Professor, Department of English)
Vote of Thanks	: Ms. Fathima Sana (First year B Sc Microbiology)

The session given for First year B Sc Microbiology students focused on soft skills related to communication. Communication skills include verbal communication, non-verbal communication, public speaking and active listening. Communicative soft skills are essential interpersonal skills that help people communicate effectively and em pathetically in various settings. Communicative soft skills are essential for effective interaction and collaboration in daily life. These skills help in building relationships, resolving conflicts, enhancing teamwork and collaboration, expressing ideas and opinions clearly, making informed decisions, boosting confidence and reducing stress, adapting to change and building resilience, encouraging innovation and creativity.

The important aspects of communicative soft skill include active listening, empathy, nonverbal communication, clarity and conciseness, adaptability, emotional regulation, confidence and assertiveness, patience and respect and open-mindedness. Questioning and clarifying is also important as Asking thoughtful questions to ensure understanding or to guide conversations forward. Strong communication skills are essential for any job. Here clear verbal communication and written communication, emotional intelligence, public speaking and presentation skills Persuasion and Negotiation Skills play a crucial role.

To develop communication skills, there are several online platforms that offer structured courses, interactive exercises, and real-world practice opportunities. Coursera, LinkedIn learning, Master Class, edX, Skillshare, The Art of Charm are some of them. Each of these platforms has unique strengths, so choosing one may depend on whether you prefer structured courses, interactive exercises, or real-world practice settings.

AGAR + VALH

PHOTOS FROM THE SESSION



GPS Map Camera

Vazhayur, Kerala, India Rasia Nagar, Vazhayoor East., Vazhayur, Kerala 673633, India Lat 11.227283° Long 75.911219° 16/08/23 11:10 AM GMT +05:30

Session on Enhancing Communicative skills handled by Mr. Sreekumar



Google

POWER OF WORDS: ENHANCING COMMUNICATIVE SKILLS

Attendance Sheet

	Date: 16/08/2023	
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SAFI Institute of Advanced Study (SIAS)

DEPARTMENT OF ENGLISH

WORKSHOP ON ACADEMIC LANGUAGE SKILLS

DATE: 17-05-2024

VENUE: SEMINAR HALL





+91 9656359830 ,+91 9809818484
cdnciese@gmail.com

DE

Department of English english@siasindia.org 💌 english_sias @

WORKSHOP ON ACADEMIC LANGUAGE SKILLS

<u>Resource Person:</u> Dr Sajida Sultana

(Assistant Professor, Centre for English Language and Development (CELD), TISS Hyderabad).

May 17, 2024 9:30 AM- 5:00 PM O Venue: AVT, SIAS



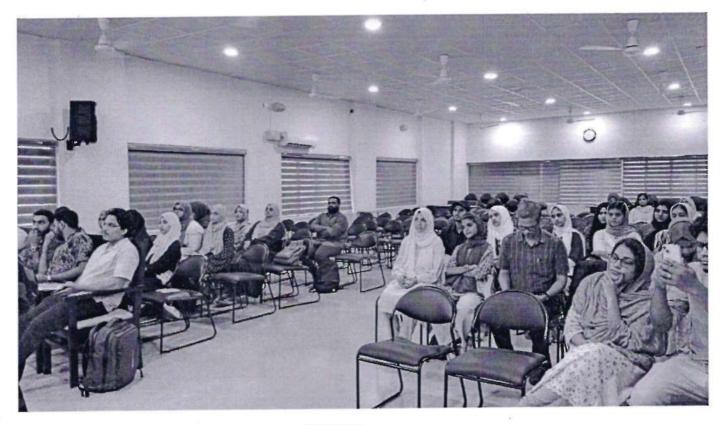
SAFI INSTITUTE OF ADVANCED STUDY (AUTONOMOUS) NAAC ACCREDITED WITH A++ GRADE (3.54)



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REPORT

The Department of English, in collaboration with CADENCE Institute for Excellence and Social Empowerment has conducted a workshop on academic Language skills on May 17, 2024. Dr Sajida Sultana(Assistant Professor, CELD TISS Hyderabad facilitated the workshop attended by students and research scholars across the country.



5.1.3: Capacity building and skills enhancement initiatives taken by the institution

Life Skills

(Yoga, Physical Fitness, Health and Hygiene)

From,

Sujitha A P,

Head of the Department,

Dept. of Food Technology,

SAFI, Vazhayur, Malappuram.

То

The Principal

SAFI Institute of Advanced Study,

SAFI, Vazhayur, Malappuram.

Respected Sir,

Subject: Request for conducting millet yoga in association with the food safety department.

Department of Food Technology is planning to organize "Millet yoga" a collaborative programme with the food safety department. The Food safety department of Malappuram district has expressed their willingness to lead the session. The session would be very helpful for the students to understand the significance of food safety and the role of community events in promoting healthier lifestyles

I humbly request you to grand permission to conduct the programme on the same day

Thanking You,

LOR Sujitha A F

Head of the Department



MILLET YOGA

PROGRAM CHART

04/10/2023

OFFICIAL INAUGURAL SESSION - 9.30 AM

Þ	WELCOME SPEECH	– Ms. ANSI (FOOD SAFETY OFFICER, KONDOTY CIRCLE)
4	INAUGRATION	– PROF. E P IMBICHIKOYA (PRINCIPAL, SIAS)
A	PRESIDENTIAL ADDRESS	– Sri. SUJITH PERERA D
		(Asst. COMMISSIONER OF FOOD SAFETY MALAPPURAM DISTRICT)

- CHEIF GUEST Sri. PRADEEP KUMAR V K (Dpty. COMMISSIONER OF FOOD SAFETY, NORTHERN REGION, KERALA)
- FELICITATION Col. NISAR AHMED SEETHI (DIRECTOR OF ADMINISTRATION, SAFI)

VOTE OF THANKS – Ms. SUJITHA A P (HOD, DEPARTMENT OF FOOD

TECHNOLOGY, SIAS)

SESSION 1 (10.30 AM)

YOGA FOR GOOD HEALTH AND WELLBEING

Col. NISAR AHMED SEETHI (DIRECTOR OF ADMINISTRATION, SAFI)

> TEA BREAK

SESSION 2 (12.00 PM)

MILLETS - MIRACLE FOODS FOR FUTURE

MS. SHAMSIYA M N (FOOD SAFETY OFFICER, TIRUR CIRCLE)

> VOTE OF THANKS – Dr. MOHAMMED MUSTHAFA (FOOD SAFETY OFFICER, ERANAD CIRCLE)



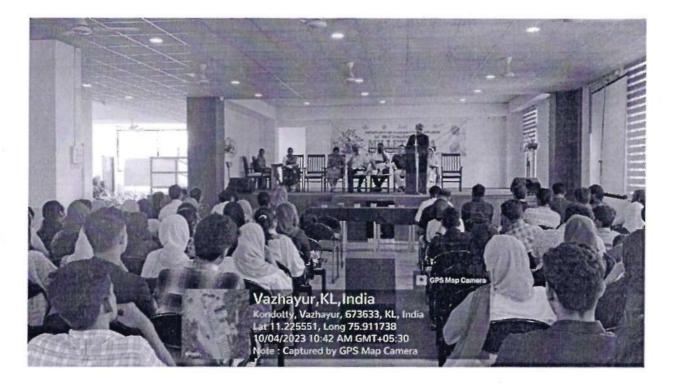
Millet Yoga Program

Date: October 4, 2023

Location: SAFI Institute of Advanced Study

The Millet Yoga Program was inaugurated with a formal and engaging session attended by various dignitaries, experts, and participants. The session set a constructive tone for the event, focusing on the synergy between nutritional health and wellness practices.

Ms. ANSI, Food Safety Officer, Kondoty Circle, Prof. Imbichikoya, Principal, SIAS, Sujith Perera D, Asst. Commissioner of Food Safety, Malappuram District, Sri. Pradeep Kumar V K, Deputy Commissioner of Food Safety, Northern Region, Kerala, Col. Nisar Ahmed Seethi, Director of Administration, SAFI were present for the inauguration session.

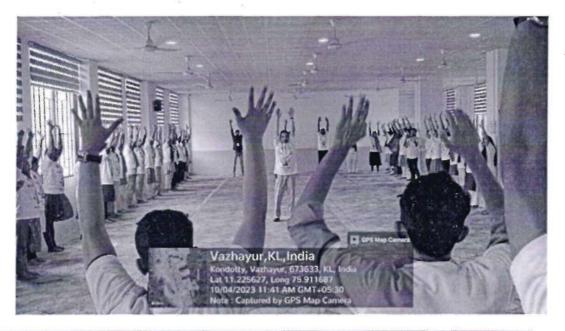


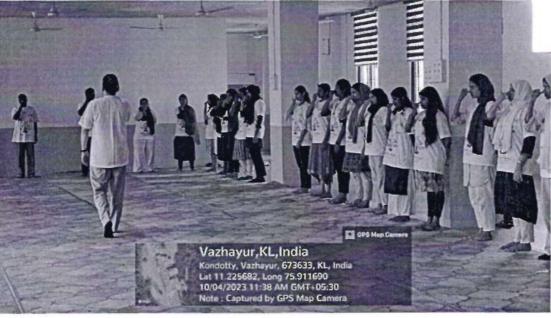
Inaugural session of Millet yoga programme





Col. Nisar Ahmed Seethi conducted an interactive session on Yoga for Good Health and Wellbeing, focusing on its benefits for physical and mental health. The session included practical demonstrations of yoga postures and breathing techniques. Participants engaged in a series of exercises designed to enhance flexibility, reduce stress, and promote overall well-being. The session underscored the importance of integrating yoga into daily routines for long-term health benefits.





Col. Nisar Ahmed Seethi's interactive session on yoga

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Conclusion

The Millet Yoga Program was a successful event that effectively combined educational sessions on nutrition and wellness with practical demonstrations of yoga. The program provided valuable insights into the health benefits of millets and the positive impact of yoga on overall well-being. The collaborative efforts of the organizers, speakers, and participants contributed to a meaningful and impactful experience. The event concluded with a sense of accomplishment and a shared commitment to adopting healthier lifestyle practices.

List of participants

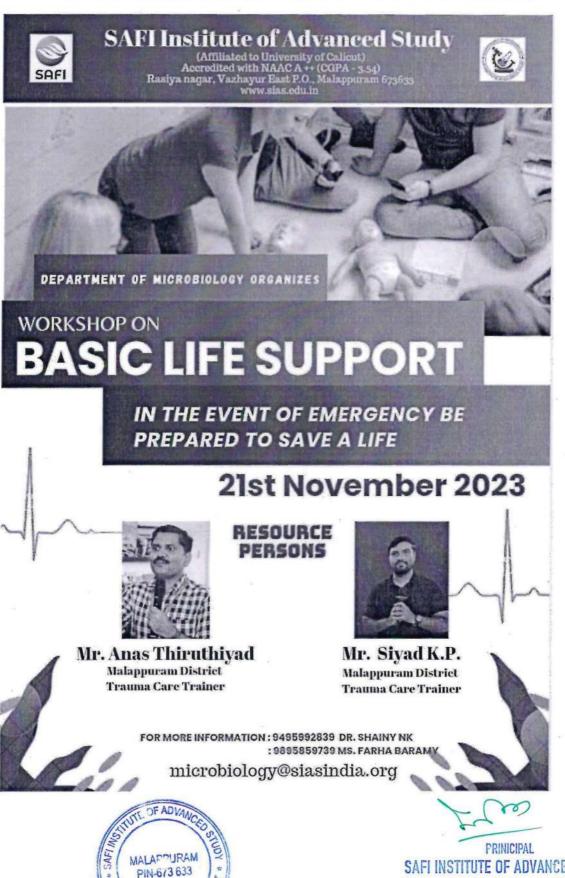
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32. Nandhana.Kg 33. P M Saniya 34. Pa Shahana Parveen 35. Rinsha K 36. Shaboom Yasmin, T 37. Shahada P 38. Afham P V 39. Anuranj.C 40. Ageel Nijad P T 41. Pratheush P 42. Sangeeth S 43. Ajila Ajayakumar 44. Amjada Yasmeen U K 45. Aysha Raniya 46. Fathima Shahma M 47. Fida Fathima K 48. Misva Nazer 49. Nafeesathul Misriya V 50. Sana Fathima.C 51. Ziya Thanha P 52. Abhishek M M 53. Muhammed Dilshad P C



BASIC LIFE SUPPORT

Skill Enhancement Programme



NAGAR + VALY



BASIC LIFE SUPPORT



Skill Enhancement Programme

	PROGRAMME CHART
Welcome Speech	: Dr. Shainy N.K. (Assistant professor, Microbiology)
& Guest Introduction	
Resource Person	: Mr. Anas Thiruthiyad, and Mr.Siyad K.P
(Certified trauma care	e trainers and experts in emergency medical services.)
	Topic : Basic life support
Vote of Thanks	: Ms. Farha Baramy (HoD, Microbiology)
8	
Organizing Committee	: Dr. Shainy N.K. (Programme Convenor)
	: Ms.Farha Baramy (Programme Coordinator)
Student Coordinators	: Ms.Suhaila, Ms Rabiya Athika and Mr. Ijas

The Department of Microbiology organized a comprehensive workshop on **Basic Life Support (BLS)** on **21/112023**. The workshop aimed at imparting essential life-saving techniques, focusing on CPR (Cardiopulmonary Resuscitation), airway management, and other critical first aid protocols that could be life-saving in emergency situations. The workshop was conducted by **Mr. Anas Thiruthiyad**, and **Mr.Siyad K.P** certified trauma care trainers and expert in emergency medical services.

Objectives of the Workshop

- 1. To educate participants on the importance of Basic Life Support in saving lives during cardiac and respiratory emergencies.
- To train attendees in the correct procedures for performing CPR, managing airways, and using automated external defibrillators (AEDs).



- 3. To familiarize participants with the role of BLS in reducing fatalities in emergencies until advanced medical help is available.
- 4. To provide hands-on training and practice in a safe and controlled environment.

The workshop started with a brief introduction by Mr. Anas Thiruthiyad, who emphasized the critical role of BLS in providing immediate assistance during emergencies, thereby increasing the chances of survival. He explained that early intervention using BLS techniques could help bridge the time until advanced medical treatment is available. A major focus was placed on **Cardiopulmonary Resuscitation (CPR)**, with Mr. Thiruthiyad demonstrating the correct techniques for chest compressions and rescue breaths. The participants were encouraged to practice on CPR mannequins under the supervision of the instructor. Mr. Thiruthiyad also demonstrated the proper use of **Automated External Defibrillators (AEDs)**, which are crucial for treating sudden cardiac arrests. The session included role-playing scenarios where participants took turns performing BLS procedures in simulated emergency situations. This hands-on approach helped build confidence and ensured that participants were familiar with the steps to take during an emergency.

The Basic Life Support workshop organized by the Department of Microbiology proved to be an informative and practical learning experience. Under the guidance of Mr. Anas Thiruthiyad and Siyad, participants gained valuable knowledge and skills in life-saving techniques. The interactive nature of the workshop, coupled with hands-on practice, ensured that attendees walked away with the confidence to act in emergency situations. It is hoped that such workshops continue to be organized regularly to equip individuals with the necessary skills and knowledge to save lives in critical moments. The Department of Microbiology would like to extend its heartfelt thanks to Mr. Anas Thiruthiyad for his time, expertise, and commitment to the success of the workshop. We also appreciate the active participation of all attendees, and the logistical support from the organizing team which made the event successful.



PHOTOS FRPM THE SESSION









Participants attending the workshop on Basic Life support



Participants with resource person after the completion of the workshop on Basic Life support



3

Participant Feedback

The workshop was well-received by the participants, who appreciated the clear and concise delivery of information. The hands-on sessions were particularly useful in reinforcing the skills learned, with participants commenting on how valuable the real-life simulation scenarios were in understanding the application of BLS techniques. Several attendees mentioned that they felt more confident in their ability to perform CPR and use an AED in case of an emergency. Feedback forms highlighted the interactive nature of the session and the expertise of the resource person.

Resource person details

Mr. Anas Thiruthiyad and Siyad Thiruthiad

EMCT (Emergency Medical Care Technician Course) Conducted by ANGELS,MIMS &JEORGE WASHINGTON UNIVERSITY (GWU-USA) Under the guidelines of American Heart Association (AHA)

Doing service as District Trauma Care Trainer.



Attendance sheet

Basic Life Support

Department of Microbiology

Date: 21-11-2023

Venue : Library Seminar Hall

Resource persons: Mr. Anas Thiruthuyad and Mr. Siyad, Malappuram District Trauma Care trainers

No.	Name of the Participant	Signature
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Department of Microbiology

Basic Life Support 21-11-2023

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Department of Microbiology

Basic Life Support 21-11-2023

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Department of Microbiology



Basic Life Support 21-11-2023

SAFI INSTITUTE OF ADVANCED STUDY Vazhayur East P.O, Malappuram Dist,-673 633 Kerala State

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XI.



Department of Microbiology

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5.1.3: Capacity building and skills enhancement initiatives taken by the institution

ICT/Computing Skills



SAFI INSTITUTE OF ADVANCED STUDY

DEPARTMENT OF ECONOMICS

REPORT ON WORKSHOP ON NUMERICAL SKILLS

Date: 08-08-2023

Time: 10:00 am

Venue: Room No.102

Welcome Speech: Ms. Thahsin

Assistant Professor, Department of Economics

SAFI Institute of Advanced Study, Vazhayoor

Presidential Adress: Lt. Lukmanul Hakeem M

HOD Economics Departmant

SAFI Institute of Advanced Study, Vazhayoor

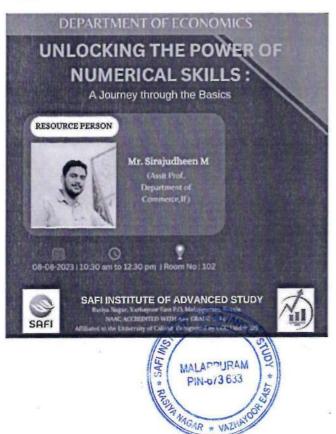
Key Speaker: . Mr. Sirajudheen M (Assistant Professor, Department of Commerce, IF)

Vote of Thanks: Mrs. Zanoobiya K

Assistant Professor, Department of Economics

SAFI Institute of Advanced Study, Vazhayoor

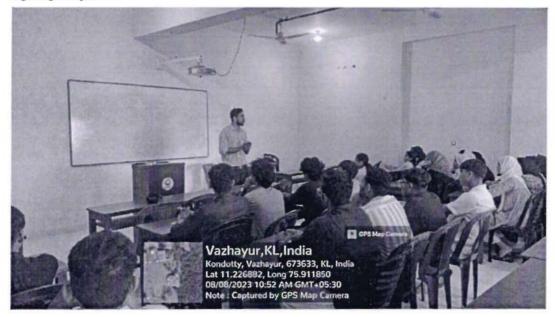
POSTER OF THE EVENT



Vazhayur East P.O, Malappuram Dist,-673 633 Kerala State

PROGRAM REPORT

A seminar "Unlocking the power of Numerical Skills: A Journey through Basics" was held by the Department of Economics at Room No. 102 of Safi Institute of Advanced Studies. The event was very useful and emphasized the importance of developing numerical skills amongst students. Mr. Sirajudheen M (Assistant Professor, Department of Commerce, IF) addressed the audience, providing the students with an a deep understanding regarding the topic.



PARTICIPANTS LIST

No	Name of the Students	
1	Fathima Hiba.pn	
2	Aiman sayed kk	
3	mohammed salim. K	
4	Fathima Fida.v	
5	Yasik Ali Saman	
6	Zahra	
7	Sneha. MK	
8	Aleesha Muban Muhammed	
9 Adnan pk		
10	Siljiya Fahmi	
11	Aysha Shamila	
12	Fathima Safeeda.T	



PRINICIPAL

13	Muhammed irfan. A	
14	Sabeena AV	
15	Libina P	
16		
17		
18	Muhammad Nusaif M T	
19	Vaheeba A	
20	Bisharul hafi v v	
21	Nihala Sheri Av	
22	Muhammed Hallad K N	
23	Aboobacker A.k	
24	Ajaiya Biju	
25	Sahna V K	
26	Fathima Hanna P P	
27	Shamil Rahman P	
28	Muhammad Abdul Vajid K.T Muhammed Nihad V P Sana Sarin kp	
29		
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31	Muhammed Nabeel pv	
32	Imthiyas Muhammed	
33	Fathima Naja	
34	Shanon ahammed.T	
35	Muhammed Nihal PT	
36	Muhammed Yasir	
37	7 Fathima Ahammed	
38	Shahabas KT	
39	Amjad	
40	Shifna	

Permission Request Letter

From,

Lt. Lukmanul Hakeem M

HOD Economics Department

SAFI Institute of Advanced Study, Vazhayoor

To,

The Principal SAFI Institute of Advanced Study, Vazhayoor

(Sub: Numerical Skills Seminar)

Respected Sir,

This is to inform you that "Unlocking the power of Numerical Skills: A Journey through Basics" is intended to be conducted on 08-08-2023, Tuesday for all the students in the Department of Economics. I would be grateful if you would grant me the permission to conduct the same on the aforesaid date.

Yours Faithfully

Lt. Lukmanul Hakeem M

Date: 04-08-2023

Place: Vazhayoor



PRINICIPAL



DEPARTMENT OF COMMERCE Safi Institute of Advanced Study



(Affiliated to University of Calicut) Recognized by UGC under 2 (f), Accredited by NAAC with A++ (3.54)



DEPARTMENT OF COMMERCE

SAFI INSTITUTE OF ADVANCED STUDY (Affiliated to University of Calicut) Accredited by NAAC with A++ (CGPA 3.54) www.sias.edu.in, Ph: 04832880000



Technical Session on BASICS OF NUMERICAL SKILLS



Mr. Sirajudheen M Faculty, Dept. of Commerce Aug 23, 2023 9.30 Am



Technical Session on Basics of Numerical Skills

The Department of Commerce organized a technical session on "Basics of Numerical Skills" on Wednesday, 23rd August 2023, at 9. 30 AM. The session began with a warm welcome by Ms. Muneera DN, the Class Advisor for the 1st Year B. Com Islamic Finance. Following this, AK Shanawas, Head of the Department of Commerce, delivered an insightful address, highlighting the importance of numerical skills in the field of commerce and finance.

The key highlight of the event was the technical session led by Mr. Sirajudheen M, Assistant Professor in the Department of Commerce. Mr. Sirajudheen meticulously covered fundamental numerical skills essential for commerce students, including basic arithmetic, algebra, and statistical methods. He emphasized practical applications, ensuring the students could relate theoretical knowledge to real-world scenarios. His interactive approach, combining theoretical explanations with practical exercises, kept the audience engaged and facilitated a deeper understanding of the topics discussed.

The session concluded with a vote of thanks delivered by Ms. Asiya Seba, a first-year B. Com Islamic Finance student. She expressed gratitude to the speaker, faculty, and attendees for making the event a success. The program was a resounding success, equipping students with valuable insights into the fundamentals of numerical skills. 43 students attended the session.







Technical Session on Basics of Numerical Skills

Program Chart

Welcome

: Ms. Muneera DN, Class Advisor, 1st Year B. Com Islamic Finance

HoD Address

: Mr. AK Shanawas, Head, Dept. of Commerce

Technical Session

: Mr. Sirajudheen M, Faculty, Dept. of Commerce

Vote of Thanks

: Mr. Asiya Seba, Student, 1st year B. Com Islamic Finance



Basics of Numerical skills for First Year B. Com (IslamicFinance) Students Batch : 2023-26

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Attendance Sheet



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